

## REGISTRATION FORM

**Event Dates: March 24-27, 2019**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Phone:(cell) \_\_\_\_\_

Phone:(other) \_\_\_\_\_

E-mail: \_\_\_\_\_

Sex: Male: \_\_\_\_\_ Female: \_\_\_\_\_

Local Church: \_\_\_\_\_

Denomination: \_\_\_\_\_

Laity: \_\_\_\_ Clergy: \_\_\_\_

Need assistance with translation \_\_\_\_\_

Early Registration, by **October 25, 2018**

Single Room \$375 Double Room \$300

Regular Registration, by **January 25, 2019**

Single Room \$400 Double Room \$325

**After January 25, 2019**

Single Room \$425 Double Room \$350

*Limited Double Rooms Available*

**Non-refundable cancellation fee - \$50**

*Please attach a short statement about why you are attending. This will be used to create covenant groups.*

Physician-restricted diet or physical access needs \_\_\_\_\_

Make checks out to **Rio Texas Conference** and note *Taste of the Academy* on your check. Please return this form, your accompanying statement, and payment to:

**Paula Long, Registrar**  
**109 Sunflower Lane**  
**San Antonio, Texas 78213**

### What is the Five-Day Academy®

The Five-Day Academy for Spiritual Formation is a program of Upper Room® Ministries, providing an opportunity for clergy and laity to draw close to a loving God through a daily rhythm of prayer, worship, learning, and reflection. Each day includes teachings by gifted spiritual leaders to deepen our walk with God, periods of silence, morning and evening prayer, Eucharist, and an opportunity to share with and encourage one another. We will experience a "taste" of this spiritual program.



**Oblate Renewal Center** is 1 mile inside Loop 410, (going south on Blanco) **5700 Blanco Rd.** only 10 minutes from the airport. Turn left at the entrance.

### ACADEMY LEADERSHIP TEAM

**Paula Long, Retreat Leader**

*plongonpt@gmail.com*

**Judy Baumann, Covenant Group Leader**

*jrushit@yahoo.com*

**Donna Strieb, Worship Leader**

*dstrieb@abumc.org*

**Mark Moeller, Theologian/Asst. Worship Leader**

*mark@fbcrichmond.net*

**Lynne Foreman, Hospitality**

*mzlaforeman@gmail.com*

**Annette Paulin, Musician**

*ampaulin@grandecom.net*

**The Academy  
for  
Spiritual  
Formation  
presents**



### *A Taste of the Academy 2019*

*A spiritual formation renewal program  
of THE UPPER ROOM®, offered by the  
Academy Council for Spiritual Formation,  
South Texas*

**Transforming  
Thresholds of  
Heart and Mind:  
A Four Gospel  
Journey**

**Guest Presenter:**

**Dr. Alexander John Shaia**

**Sunday, March 24, 3:00 pm to  
Wednesday, March 27, Noon p.m.**

Oblate Renewal Center  
5700 Blanco Road, San Antonio, Texas  
210-349-4173

## Our Schedule...

For a *Taste of the Academy 2019*, we have adapted the schedule of the Upper Room's Academy for Spiritual Formation to follow a rhythm along the lines and spirit of a Benedictine pattern. Our time will be marked by elements of worship, rest/free time, study, silence, and community time.

### Sunday, March 24

3:00-5:00 pm Arrival & Check-in  
5:15-6:00 Eucharist  
6:00-6:45 Dinner  
6:45-7:45 Welcome & Orientation  
8:00-9:00 Covenant Groups  
9:15 Night Prayer

Great Silence until Morning Prayer

### Monday, March 25 and Tuesday, March 26

7:30-8:00am Morning Prayer  
8:00 Breakfast  
9:00-10:00 Presentation I  
10:00-11:00 Silent Reflection  
11:00-11:30 Plenary Discussion  
11:30-12:00 Community Time &  
Midday Prayer

12:00pm Lunch & Free Time  
2:30-3:30 Presentation II  
3:30-4:30 Silent Reflection  
4:30-5:00 Plenary Discussion  
5:15-6:00 Eucharist  
6:00 Dinner  
6:45-7:30 Optional Time with Dr. Shaia  
7:45-9:00 Covenant Groups  
9:15 Night Prayer

Great Silence until Morning Prayer

### Wednesday, March 27

7:30-8:00am Morning Prayer  
8:00 Breakfast  
8:45-11:00 Final Presentation  
11:15 - 12:00 Eucharist  
12:00 Lunch & Goodbye



### Dr. Alexander John Shaia

holds a degree in Cultural Anthropology from the University of Notre Dame, a Master's in Counseling Education, a Master's in Religious Education, a graduate

certificate in Pastoral Psychotherapy, and a Ph.D. in Clinical Psychology. His training includes time in Switzerland with Jungian analyst, and Sandplay Psychotherapy founder, Dora M. Kálff. After years of retreat ministry, private practice, teaching, leading trainings and study, and his continual life-long practice of prayer, Alexander moved in 2001 from his primary work as a psychologist, spiritual director, and liturgist, to being an author, widely sought teacher, trainer, and inspiring keynote speaker. He leads yearly pilgrimages on the Camino de Santiago in Spain. When not traveling, Alexander lives in Santa Fe, New Mexico. His website is [www.quadratos.com](http://www.quadratos.com).

## Suggested Reading Prior to the Event

*Heart and Mind: The Four Gospel Journey for Radical Transformation* by Alexander John Shaia. ISBN 978-0-692-95186-6. Available on Amazon.com in paperback and Kindle editions.

### What to Bring:

Bible, Personal Journal, Comfortable Casual Clothing, Jacket, Personal Items

*Bed linens & towels are provided.*

## Our Focus...

As we journey through our lifetimes, we will come again and again to significant change points which challenge us in unique ways.

*Are you confronted with radical change(s)?*

*Has suffering laid claim to your heart's desires?*

*Have you been surprised by joy and new insights?*

*Are you wondering how to "live out" your joy in service to others?*

Building on the foundation of the four Gospel books, Dr. Alexander John Shaia will develop his insights into the Four Paths or Seasons of life's journey. We will study the Gospel text and discuss its applications to the shifting landscapes of our lives.

What surety can there be? How will crossing thresholds, whether sought or unwanted, transform our hearts and minds?

First delving into the mystery of the Gospel and then contemplating The Word in light of our past, present, and future life circumstances, we will find our more solid footing for navigating the terrain of our lives.

## Scholarships

Some \$150 *Clergy Scholarships* are available through Methodist Healthcare Ministries and the Rio Texas Conference Wellness Program. Contact: Eve Albert - [evealbert@riotexas.org](mailto:evealbert@riotexas.org), 210-408-4551 • 210-408-4490 Fax

Some \$150 *Laity Scholarships* are available through the Academy Council. Contact: Rev. Donna Strieb - [dstrieb@ahumc.org](mailto:dstrieb@ahumc.org), 210-826-3215 .