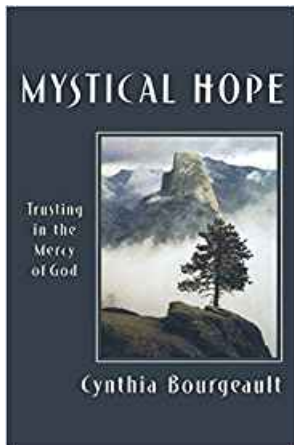


2020 Five-Day Academy for Spiritual Formation Recommended Reading

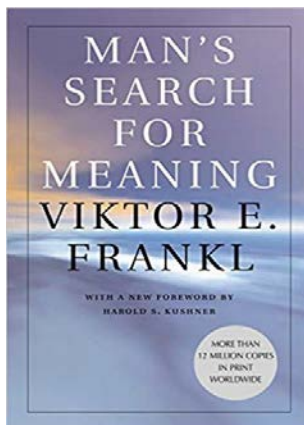
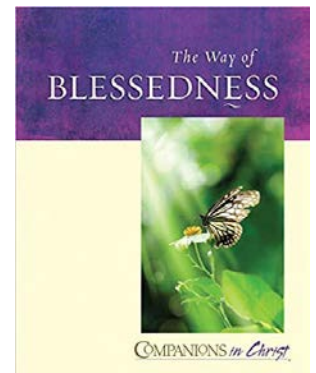


Mystical Hope: Trusting in the Mercy of God,
by Cynthia Bourgeault

Mystical Hope shows how to recognize hope in our own lives, where it comes from, how to deepen it through prayer, and how to carry it into the world as a source of strength and renewal.

The Way of Blessedness (Companions in Christ Participant Book),
by Marjorie Thompson & Stephen Bryant.

The Way of Blessedness guides participants along a path that offers clarity to our way of life and the very life of God's kingdom.



Man's Search for Meaning, by Viktor Frankl

Psychiatrist Viktor Frankl's memoir has riveted generations of readers with its descriptions of life in Nazi death camps and its lessons for spiritual survival. Frankl argues that we cannot avoid suffering but we can choose how to cope with it, find meaning in it, and move forward with renewed purpose.

Two Old Women: An Alaska Legend of Betrayal, Courage and Survival, by Velma Wallis

Based on an Athabascan Indian legend passed along for many generations from mothers to daughters of the upper Yukon River Valley in Alaska, this is the suspenseful, shocking, ultimately inspirational tale of two old women abandoned by their tribe during a brutal winter famine.

